



# ESSENTIAL OILS for SALONS



## SCALP SUPPORT AND CARE

Supporting and moisturizing your scalp is essential to the overall health of your hair. A dry irritated scalp can disrupt or even halt normal hair growth, not to mention it can severely damage the hair follicle itself. Making sure your scalp is happy and healthy has never been easier with the amazing ROOT TO TIP SERUM!

The ROOT TO TIP SERUM is comprised of Essential Oils and Lipids that will provide deep conditioning to your scalp, leaving your hair soft, shiny, and silky without leaving an oily residue or weighing your hair down!

## ESSENTIAL OILS FOR SALONS

Almost everyone today spends at least a small amount of their time at the salon. This is a great opportunity to introduce them to Essential Oils and Essential Oil based products that will help care for their new do in between appointments!

We will also share some recipes that you can use in your salon and some things for you the stylist! You spend long days on your feet, making sure others look their best so you deserve to look and feel your best too!

## DIFFUSING IN YOUR SALON

Diffusing is an excellent way to disinfect the air around you while setting the overall tone or atmosphere in your salon. Along with helping to knock down airborne germs, it can also help eliminate some of the chemical smells that can linger in the air.

INVIGORATING BLEND is an energizing and refreshing blend that can uplift mood and help to reduce stress. This blend combines the powerful essences of Citrus Oils with just the right hint of Vanilla Absolute to create this sweet and fresh scent.

### SWEET CITRUS MINT DIFFUSER BLEND RECIPE

- 4 drops Bergamot EO
- 1 drop Lemongrass EO
- 2 drops Pink Pepper EO
- 2 drops Spearmint EO

## DAILY CARE FOR YOUR HAIR

As a stylist, you know what you use to wash and condition your hair is just as important as keeping your scalp nourished and healthy.

The PROTECTING SHAMPOO is a professional formula comprised of complex Essential Oils, gentle cleansers and botanicals that keep the hair looking and feeling clean and healthy. It provides gentle lathering and cleansing to remove impurities from the hair and on the scalp and light moisturizers leave the hair soft, shiny and touchable!

The SMOOTHING CONDITIONER is a professional formula of conditioning emollients, botanical extracts and natural proteins that leave hair feeling soft and looking healthy. This product also helps provide an antistatic effect that helps keep the hair shafts aligned during styling for a smooth, finished look.

Both the Shampoo and Conditioner are available in 32 fl. oz. pump bottle sizes which is the perfect size for your salon! Want to send some with your clients for them to use at home? Both are available in sample packs as well!

## PROMOTING GROWTH

### GROWTH PROMOTING HAIR MASK

- 3 drops Clary Sage EO
- 1 drop Cedarwood EO
- 1 drop Rosemary EO
- 2 drops Lemongrass EO
- 2 tbsp. Fractionated Coconut Oil

Combine Essential Oils and Fractionated Coconut Oil together. Apply to hair and scalp using hands and work through hair thoroughly. Wrap head in a warm towel and allow to sit for 10-15 minutes. Shampoo and rinse with warm water.

## WAXING AFTER CARE

How do you soothe and calm the skin after a fresh waxing? Essential Oils, that's how! There are several Essential Oils that soothe and calm irritated skin and keep germs and bacteria away from the now sensitive area.

### POST WAX CARE BLEND RECIPE

- 5 drops Lavender EO
- 2 drops Geranium EO
- 2 drops Roman Chamomile EO
- 2 drops Peppermint EO

This recipe can be added to a 10ml roller bottle and topped off with Fractionated Coconut Oil or it can be added to a neutral Aloe Vera based cream. Be sure the cream does not contain any alcohol. To use: apply a small amount to area of concern.

## LASH AND BROW BOOST

Your lashes and eyebrows take a real beating almost every day. If you are a daily cosmetic user, those lashes can more than likely use some moisture. Commercial mascaras can be very drying to your lashes, resulting in breakage and even causing them to fall out. This recipe is a great way to moisturize and boost those lashes and brows!

### LUSH BROW & LASH BOOST ROLLER BOTTLE RECIPE

- 2 drops Lavender EO
- 2 drops Rosemary EO
- 2 drops Cedarwood EO

Combine Essential Oils in a 10ml roller bottle and top off with Castor Oil Carrier Oil. Shake well before each use to combine ingredients. To use: roll onto lash line and over eyebrow area. For maximum benefit apply each night before bed.

## SUPPORT FOR THE STYLIST

It's late in the day, your schedule was full and you still have two more client appointments left for the day and you realize that you're exhausted! You could reach for a sugar laden energy drink but what if there was a natural way to boost your energy without caffeine or sugar?

The ENERGY AND STAMINA COMPLEX is a natural source of time released, sustained energy. This supplement is made up of standardized plant extracts and metabolic cofactors that support healthy cellular energy production. It supports optimal mitochondrial function, aerobic capacity, and stamina naturally without the use of harmful stimulants.

You are on your feet long hours each day, your arms and hands get a work out as well. Since this is your livelihood, it's hard to take a day off and reschedule all your appointments! Did you know that you can support your body internally with our POLYPHENOL COMPLEX?

This complex also helps to support healthy mobility and function, soothing support to the whole body, and can be taken as needed or daily for long-lasting benefits. This complex supports muscle and joint function and comfort, occasional soreness, achiness, or tenderness.

## NOTES:

\*All statements in this class have not been approved by the Food and Drug Administration. Our products are not intended to diagnose, treat, cure or prevent disease. Pregnant or lactating women and persons with known medical conditions should consult a physician prior to the use of any Essential Oil product.

All right reserved - copyright - [www.essential-oils-academy.com](http://www.essential-oils-academy.com)

## HOLDING THAT STYLE

We all have used styling products that make your hair feel heavy and stiff and can build up in your hair with frequent use. If you're like most of us, you've spend a fair amount of time just trying to find the perfect styling aid for your hair. Look no further!

The HEALTHY HOLD GLAZE provides a light hold while improving moisture and softness after styling! This styling aid helps to protect, nourish and fortify your hair, making it smooth and shiny!

## HAND & NAIL CONDITIONING

As a stylist, your hands and nails are exposed to a ton of different chemicals many times in the same day and the end result is often rough dry hands and brittle cracked nails. You might even have a client or two who has the same problems with their hands and nails so having this product on hand in your salon will be just the thing to smooth and soften those rough, dry hands!

### TOUGH AS NAILS GROWTH & STRENGTHENER RECIPE

- 3 drops Frankincense Essential Oil
- 3 drops Lemon Essential Oil
- 5 drops Myrrh Essential Oil
- 5 drops Lavender Essential Oil
- Fractionated Coconut Oil

Combine Essential Oils and Fractionated Coconut Oil in a 10ml roller bottle. Top off with Fractionated Coconut Oil. Shake well before each use. To use: Roll onto cuticle and massage into nails twice daily.

Or you can also blend the above oils together and add two drops of the blend to the HAND & BODY LOTION when applying to hands.